

HUDDLE HOUSE

NUTRITION GUIDE - May 2018 Menu

The nutrition information is derived from testing conducted in accredited laboratories, published resources, or from information provided from Huddle House suppliers. The nutrition information is based on standard product formulations and serving sizes. All nutrition information is based on average values for ingredients from Huddle House suppliers throughout the U.S. and is rounded to meet current U.S. FDA NLEA guidelines. This information is correct as of May 2018, unless stated otherwise.

MENU ITEM	Serving Size	Cal	Cal/Fat	Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
PREMIUM BREAKFAST PLATTERS												
Served w/ choice of;												
Country Fried Steak w/ White Pepper Country Gravy	1 each	610	390	43	12	1	65	1350	34	2	2	22
Ribeye Steak 6oz	1 each	340	230	25	12	1	80	760	2	0	1	28
Ribeye Steak 8oz	1 each	490	345	38	17	2	132	1200	0	0	0	36
Ribeye Steak 10oz	1 each	550	370	41	18	2	115	1620	1	1	1	45
Applewood Smoked Bacon (3)	3 strips	120	90	10	3.5	0	25	320	1	0	0	8
Country Sausage (2)	2 each	210	150	17	6	0	50	480	2	0	1	12
Turkey Sausage (2)	2 each	120	70	8	2.5	0	45	260	0	0	0	11
Sugar Cured Ham	1 each	120	45	4.5	1.5	0	55	1230	3	0	3	16
Slow Cured Country Ham	1 each	560	430	48	18	0	120	2380	0	0	0	28
2 Eggs	2 eggs	150	100	11	3	0	430	140	2	0	0	12
Served w/ choice of;												
Hashbrowns	1 plate	200	70	8	2.5	0	0	35	30	3	0	3
Homestyle Grits	1 bowl	120	50	6	1	0	0	70	14	0	0	2
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Served w/ choice of ;												
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Strawberry Jelly	1 PC	35	0	0	0	0	0	0	8	0	6	0
Grape Jelly	1 PC	35	0	0	0	0	0	0	9	0	6	0
Mixed Fruit Jelly	1 PC	35	0	0	0	0	0	0	9	0	6	0
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
STUFFED HASHBROWNS												
Bacon, Sausage, Sausage Gravy Stuffed Hashbrowns	1 plate	1060	590	66	24	0	530	1800	74	5	4	42
Ham & Cheese Stuffed Hashbrowns	1 plate	730	330	37	14	0	495	1570	66	5	4	35
Prime Rib Tips Stuffed Hashbrowns	1 plate	810	380	42	15	3	475	1250	66	6	4	42
Served w/ choice of ;												
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
GOLDEN WAFFLE & FRENCH TOAST												
Golden Waffle Platter; 2 Eggs & Applewood Smoked Bacon (3)	1 plate	740	380	42	14	0	490	1280	64	3	20	29
Golden Waffle Platter; 2 Eggs & Country Sausage (2)	1 plate	830	440	49	16	0	515	1450	65	3	20	34
Golden Waffle Platter; 2 Eggs & Turkey Sausage (2)	1 plate	740	360	40	12.5	0	395	1430	65	3	19	33
Golden Waffle & Applewood Smoked Bacon (3)	1 plate	600	280	31	10	0	60	1140	62	3	20	17
Golden Waffle & Country Sausage (2)	1 plate	690	350	39	13	0	85	1310	63	3	20	22
Golden Waffle & Turkey Sausage (2)	1 plate	600	270	30	9.5	0	80	1190	61	3	19	21
Southern Pecan Waffle	1 each	680	380	42	9	0	35	820	65	5	21	12
Strawberry Topped Waffle w/ Whipped Topping	1 each	640	140	16	11	0	35	700	109	3	49	10
Plain Golden Waffle	1 each	480	200	22	7	0	35	820	61	3	20	9
Waffles served w/: Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
French Toast Platter; 2 French Toast, 2 Eggs & Applewood Smoked Bacon (3)	1 plate	730	310	34	12	0	815	960	67	3	28	38
French Toast Platter; 2 French Toast, 2 Eggs & Country Sausage (2)	1 plate	810	380	42	14	0	840	1130	68	3	28	42
French Toast Platter; 2 French Toast, 2 Eggs & Turkey Sausage (2)	1 plate	730	290	32	10	0	835	900	66	2	28	41
3 slices of Strawberry French Toast	1 plate	560	80	9	2.5	0	180	590	98	3	43	15
3 slices of Plain French Toast	1 plate	440	80	9	2.5	0	180	590	71	3	19	15
French Toast served w/: Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
FLUFFED AND STUFFED OMELETS												
Western Omelet w/ American Cheese	1 each	450	330	37	14	0	365	800	8	1	3	20
Western Omelet w/ Swiss Cheese	1 each	440	330	37	14	0	365	800	8	1	3	20
Western Omelet w/ Cheddar Cheese	1 each	440	330	37	14	0	370	550	7	1	3	22
Mega Bacon Omelet w/ American Cheese	1 each	650	500	55	21	0	405	1340	6	1	2	32
Mega Bacon Omelet w/ Swiss Cheese	1 each	640	490	54	20	0	405	1340	6	1	2	32
Mega Bacon Omelet w/ Cheddar Cheese	1 each	640	500	55	21	0	405	1100	5	1	2	34
Meat Lover's Omelet w/ American Cheese	1 each	650	480	53	20	0	415	1480	9	1	4	34
Meat Lover's Omelet w/ Swiss Cheese	1 each	640	470	52	19	0	415	1480	9	1	4	34
Meat Lover's Omelet w/ Cheddar Cheese	1 each	640	480	53	20	0	415	1240	8	1	4	36
Prime Rib Tips Omelet w/Swiss Cheese	1 each	590	410	45	15	1	375	1570	11	2	3	35
Prime Rib Tips Omelet w/American Cheese	1 each	600	410	45	16	1	375	1570	10	2	3	35
Prime Rib Tips Omelet w/Cheddar Cheese	1 each	590	410	45	15	1	375	1220	10	2	3	37
Philly Cheesesteak Omelet w/ American Cheese	1 each	510	360	40	16	1	395	840	9	1	2	28
Philly Cheesesteak Omelet w/ Swiss Cheese	1 each	510	360	40	15	1	395	840	9	1	3	28
Philly Cheesesteak Omelet w/ Cheddar Cheese	1 each	510	360	40	16	1	395	590	8	1	2	30
Garden Omelet w/ American Cheese	1 each	430	330	37	14	0	355	660	8	2	3	17
Garden Omelet w/ Swiss Cheese	1 each	430	320	36	14	0	355	660	8	2	3	17
Garden Omelet w/ Cheddar Cheese	1 each	430	330	37	14	0	360	410	7	2	2	19
Ham & Cheese Omelet w/ American Cheese	1 each	450	340	38	14	0	375	1030	5	1	2	22
Ham & Cheese Omelet w/ Swiss Cheese	1 each	450	330	37	14	0	375	1030	5	1	2	22
Ham & Cheese Omelet w/ Cheddar Cheese	1 each	450	340	38	14	0	375	790	4	1	2	24
Served w/ choice of;												
Hashbrowns	1 plate	200	70	8	2.5	0	0	35	30	3	0	3
Homestyle Grits	1 bowl	120	50	6	1	0	0	70	14	0	0	2
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Served w/ choice of ;												

White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
ADD SIDES TO YOUR BREAKFAST												
Applewood Smoked Bacon (3)	3 strips	120	90	10	3.5	0	25	320	1	0	0	8
Country Sausage (2)	2 each	210	150	17	6	0	50	480	2	0	1	12
Turkey Sausage (2)	2 each	120	70	8	2.5	0	45	260	0	0	0	11
Slow Cured Country Ham	1 each	560	430	48	18	0	120	2380	0	0	0	28
Sugar Cured Ham	1 each	120	45	4.5	1.5	0	55	1230	3	0	3	16
Biscuits (2) w/ Sausage Gravy	2 each	750	450	50	20	0	15	2390	66	2	7	11
Golden Waffle	1 each	480	200	22	7	0	35	820	61	3	20	9
Buttermilk Sweet Cake	1 each	205	90	0	3	0	37	475	25	1	7	4
Bacon Cheddar Grits	1 bowl	350	220	24	10	0	50	700	16	0	2	16
Cheesy Bacon Hashbrowns	1 plate	430	230	26	11	0	50	660	32	3	2	17
Hashbrowns	1 plate	200	70	8	2.5	0	0	35	30	3	0	3
Double Hashbrowns	2 plates	400	140	16	5	0	0	70	60	5	1	6
Homestyle Grits	1 bowl	120	50	6	1	0	0	70	14	0	0	2
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Hashbrowns ALL THE WAY w/ American Cheese	1 plate	330	150	17	8	0	30	560	34	3	2	9
Hashbrowns ALL THE WAY w/ Swiss Cheese	1 plate	320	150	17	8	0	30	560	34	3	2	9
Hashbrowns ALL THE WAY w/ Cheddar Cheese	1 plate	330	150	17	8	0	35	320	32	3	2	11
ADD YOUR FAVORITE INGREDIENTS TO ANY MENU ITEM												
American Cheese	1 slice	60	35	4.5	3	0	15	200	1	0	0	2
Swiss Cheese	1 slice	50	35	4	2.5	0	15	200	1	0	0	2
Cheddar Cheese	1/4 cup	110	80	9	6	0	30	160	1	0	0	7
Sausage Gravy	1/3 cup	110	70	8	1.5	0	5	490	9	0	2	2
Caramelized Onions	2oz	25	20	1.5	0	0	0	415	12	2	5	1
Cheddar Cheese Sauce	1.5 oz	70	35	4.5	2.5	0	15	310	4	0	3	5
Chopped Bacon Bits	1/4 cup	120	80	9	3	0	25	460	1	0	1	8
Diced Ham	1/4 cup	35	10	1	0	0	20	470	1	0	1	6
Diced Green Peppers	1/4 cup	10	0	0	0	0	0	0	2	1	1	0
Diced Tomato	1/4 cup	5	0	0	0	0	0	0	2	0	0	0
5 Star Chili	2oz	80	35	4	1.5	0	15	290	6	1	7	6
Jalapenos	1/2 cup	30	0	0	0	0	0	1020	6	3	3	0
Grilled Mushrooms	1/4 cup	5	0	0	0	0	0	100	1	0	0	0
Grilled Diced Onions	1/4 cup	15	0	0	0	0	0	0	3	1	1	0
MVP BREAKFAST PLATTERS												
Served w/ choice of ;												
Applewood Smoked Bacon (3)	3 strips	120	90	10	3.5	0	25	320	1	0	0	8
Country Sausage (2)	2 each	210	150	17	6	0	50	480	2	0	1	12
Turkey Sausage (2)	2 each	120	70	8	2.5	0	45	260	0	0	0	11
2 Eggs	2 eggs	150	100	11	3	0	430	140	2	0	0	12
Served w/ choice of;												
Hashbrowns	1 plate	200	70	8	2.5	0	0	35	30	3	0	3
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Served w/ choice of;												
Home Style Grits AND choice of:	1 bowl	120	50	6	1	0	0	70	14	0	0	2
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Biscuit OR	1 each	270	150	17	8	0	0	700	24	1	2	4
Biscuit (1) w/ Sausage Gravy	1 each	380	230	25	10	0	5	1190	33	1	4	5
Served w/ choice of;												
Golden Waffle	1 each	480	200	22	7	0	35	820	61	3	20	9
Buttermilk Pancake	1 each	260	140	16	4	0	40	540	24	1	7	4
Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
BIG HOUSE BREAKFAST PLATTERS												
Smokehouse Platter - Bacon (3) & Country Sausage (2)	3 & 2 each	330	240	27	10	0	70	800	2	0	1	20
Smokehouse Platter - Bacon (3) & Turkey Sausage (2)	3 & 2 each	240	150	17	6	0	70	570	1	0	0	18
Ranch Platter - Slow Cured Country Ham	1 each	560	430	48	18	0	120	2380	0	0	0	28
Ranch Platter - Sugar Cured Ham	1 each	120	45	4.5	1.5	0	55	1230	3	0	3	16
Ranch Platter - Country Fried Steak w/ White Pepper Country Gravy	1 each	610	390	43	12	1	65	1350	34	2	2	22
Original Big House Platter - Bacon (3)	3 strips	120	90	10	3.5	0	25	320	1	0	0	8
Original Big House Platter - Country Sausage (2)	2 each	210	150	17	6	0	50	480	2	0	1	12
Original Big House Platter - Turkey Sausage (2)	2 each	120	70	8	2.5	0	45	260	0	0	0	11
3 Eggs	3 eggs	220	140	16	4.5	0	645	210	3	0	0	18
Big House Breakfast Platters are served w/ choice of;												
Hashbrowns	1 each	200	70	8	2.5	0	0	35	30	3	0	3
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Big House Breakfast Platters are served w/ choice of;												
Biscuit (1) w/ Sausage Gravy OR	1 each	380	230	25	10	0	5	1190	33	1	4	5
Homestyle Grits AND Choice of:	1 bowl	120	50	6	1	0	0	70	14	0	0	2
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
SOUTHERN SMOTHERED BISCUIT PLATTERS												
Southern Smothered Biscuit Platter w/ Eggs & Bacon	1 plate	1020	600	67	27	0	505	2200	67	4	6	40
Southern Smothered Biscuit Platter w/out Eggs & Bacon	1 plate	870	500	56	23	0	75	2060	65	4	6	28
Southern Smothered Biscuit Platter w/ Eggs & Country Sausage	1 plate	1030	610	68	27	0	515	2000	67	4	5	40

Southern Smothered Biscuit Platter w/out Eggs & Country Sausage	1 plate	890	510	57	24	0	85	1860	65	4	5	28
Southern Smothered Biscuit Platter w/ Eggs & Turkey Sausage	1 plate	940	530	59	23	0	510	1780	66	3	5	38
Southern Smothered Biscuit Platter w/out Eggs & Turkey Sausage	1 plate	800	430	48	20	0	80	1640	64	3	5	26
Southern Smothered Biscuit Platter w Eggs & Chicken, Bacon	1 plate	1060	580	64	25	0	540	2060	71	5	6	53
Garden Southern Smotherd Biscuit Platter	1 Plate	1040	610	68	26	0	460	1590	83	6	6	28
Burgers and Melts												
Triple HuddleBurger	1 each	1060	700	78	28	1.5	200	1240	34	2	7	49
HuddleBurger	1 each	840	500	56	25	3	175	1060	45	3	8	40
HuddleBurger w/ Bacon	1 each	920	560	62	27	3	190	1270	46	3	8	46
Mushroom Swiss & Onion Big Bold Burger	1 each	1120	690	77	24	1	160	1750	68	4	16	40
Jalapeno Chipotle Big Bold Burger	1 each	910	580	64	19	1	140	1590	51	4	13	35
BBQ Bacon Cheddar Big Bold Burger	1 each	950	560	62	23	1	150	1260	53	3	16	44
Patty Melt	1 each	680	410	45	19	1	130	970	33	3	6	34
Add Side Salad	1 bowl	70	10	1	0	0	0	30	15	4	1	3
Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Saltine Crackers	2 each	25	10	0.5	0	0	0	90	4	0	0	1
Double your Lightly Seasoned French Fries	12 oz	980	400	44	8	0	5	590	135	11	1	11
Double your Sweet Potato Fries	12oz	1010	540	60	10	0	0	720	106	12	40	8
Served w/ choice of;												
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
STARTERS & SNACKS												
Cheesy Bacon Tots	1 plate	1210	720	80	23	0	70	1850	100	8	8	24
Fried Pickles Basket w/ Fries	1 basket	990	460	51	9	0	5	2170	122	9	3	12
Served w/ Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Jalapeno Poppers Basket w/ Fries	1 basket	820	350	39	10	0	25	1350	103	8	5	14
Served w/ Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Mozzarella Cheese Sticks (6)	6 each	430	220	24	9	0	35	860	35	2	0	19
Mozzarella Cheese Sticks (12)	12 each	860	420	47	18	0	75	1710	70	4	1	38
Served w/ Marinara Sauce	1 PC	45	10	1	0	0	0	240	7	2	4	1
Chicken Wings Small (5), Buffalo Sauce	5 each	540	290	32	8	0	285	2860	5	1	1	58
Chicken Wings Large (10), Buffalo Sauce	10 each	1080	580	64	17	0	565	5730	11	2	2	115
Chicken Wings Small (5), BBQ Sauce	5 each	620	290	32	8	0	285	1790	27	2	21	58
Chicken Wings Large (10), BBQ Sauce	10 each	1250	570	63	16	0	565	3580	53	3	41	116
Chili Cheese Fries	1 plate	740	340	38	12	0	60	980	79	8	4	23
Chicken Tenders (3) Basket, Buffalo Sauce w/ Fries	1 basket	880	390	43	8	0	50	2480	97	7	1	25
Chicken Tenders (3) Basket, BBQ Sauce w/ Fries	1 basket	930	390	43	8	0	50	1770	111	7	14	26
Served w/ Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Shrimp Basket w/ Fries	1 basket	710	320	36	6	0	70	790	85	6	1	14
Served w/ Cocktail Sauce	1 PC	25	0	0	0	0	0	340	6	1	4	1
Shrimp Basket, Buffalo Sauce w/ Fries	1 basket	720	320	36	6	0	70	1610	85	6	1	14
Huddle Up Sampler Basket	1 basket	1120	510	57	14	0	35	2190	130	9	4	22
Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Marinara Sauce	1 PC	45	10	1	0	0	0	240	7	2	4	1
Buffalo Shrimp & Chicken Basket	1 basket	980	450	50	9	0	100	3160	105	7	1	27
Served w/ Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
DINNER PLATTERS												
Country Fried Steak w/ White Pepper Country Gravy	1 each	610	390	43	12	1	65	1350	34	2	2	22
Ribeye Steak 6oz & Shrimp	1 plate	720	430	48	16	1	195	1590	31	2	1	41
Ribeye Steak 10oz & Shrimp	1 plate	930	580	64	23	2	230	2450	30	2	1	59
Ribeye Steak 6oz	1 each	340	230	25	12	1	80	760	2	0	1	28
Ribeye Steak 8oz	1 each	490	345	38	17	2	132	1200	0	0	0	36
Ribeye Steak 10oz	1 each	550	370	41	18	2	115	1620	1	1	1	45
Shrimp	1 plate	760	410	46	8	0	230	1650	58	2	1	27
Served w/ Cocktail Sauce	1 PC	25	0	0	0	0	0	340	6	1	4	1
Crispy Southern Fried Chicken Tenders, Buffalo Sauce (4)	1 plate	510	250	28	5	0	65	2690	39	2	1	27
Crispy Southern Fried Chicken Tenders, BBQ Sauce (4)	1 plate	580	250	28	5	0	65	1890	55	3	15	27
Grilled Chicken	1 each	120	25	2.5	1	0	75	400	0	0	0	24
Chopped Steak w/ Mushroom Gravy	1 each	450	300	33	15	2	125	890	7	2	1	31
Served w/ Texas Toast OR	1 each	150	50	6	1	0	0	230	19	1	2	3
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
Choice of 2 Sides;												
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Baked Potato	1 each	360	100	11	4.5	0	15	110	61	6	4	8
Mashed Potatoes	1 bowl	140	45	5	1.5	0	5	630	21	1	1	2
Onion Rings	6 oz	660	360	40	7	0	0	1400	66	4	13	7
Loaded Baked Potato	1 each	470	150	17	7	0	40	530	65	6	5	14
Sliced Tomatoes	3 ea	15	0	0	0	0	0	5	3	1	2	1
Green Beans	4 oz	25	0	0	0	0	0	570	4	3	0	1
Vegetable of the Day - Corn	4 oz	80	10	1	0	0	0	125	16	2	4	3
Vegetable of the Day - Lima Beans	4 oz	100	0	0	0	0	0	125	18	4	1	5
Vegetable of the Day - Blackeye Peas	4 oz	80	0	0	0	0	0	125	15	4	0	5
Vegetable of the Day - Turnip Greens	4 oz	35	0	0	0	0	0	380	5	2	2	2
Pinto Beans w/ Garlic	4 oz	120	0	0	0	0	0	310	23	7	0	8
Side Salad	1 bowl	70	10	1	0	0	0	30	15	4	1	3
5 Star Chili	1 bowl	290	130	14	5	0	60	1040	21	5	7	21
Cheddar Cheese	1/4 cup	110	80	9	6	0	30	160	1	0	0	7
Saltine Crackers	2 each	25	10	0.5	0	0	0	90	4	0	0	1
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
CHILI & SALADS												
5 Star Chili	1 bowl	290	130	14	5	0	60	1040	21	5	7	21
Cheddar Cheese Sauce	1.5oz	70	35	4.5	2.5	0	15	310	4	0	3	5
Saltine Crackers	2 each	25	10	0.5	0	0	0	90	4	0	0	1
Loaded 5 Star Chili	1 bowl	420	210	23	11	0	85	1720	26	6	10	28

Saltine Crackers	2 each	25	10	0.5	0	0	0	90	4	0	0	1
Crispy Chicken Salad	1 plate	350	170	19	8	0	80	810	19	3	5	26
Grilled Chicken Salad	1 plate	260	100	11	6	0	100	590	9	3	5	33
Larged Tossed Salad	1 plate	250	170	19	12	0	60	360	7	2	4	15
Small Tossed Salad	1 bowl	70	10	1	0	0	0	30	15	4	1	3
Turkey Chef Salad	1 plate	380	200	22	9	0	305	1330	11	2	8	38
Served w/ Ranch Dressing	2oz souffle cup	280	270	30	5	0	10	440	2	0	2	0
Salads served w/:												
Ranch Dressing	1 packet	200	190	22	3.5	0	10	320	2	0	1	0
Saltine Crackers	2 each	25	10	0.5	0	0	0	90	4	0	0	1
BEVERAGES												
Hometown Blend Coffee	6 fl oz	5	0	0	0	0	0	0	1	0	0	0
Hometown Blend Coffee, Decaf	6 fl oz	5	0	0	0	0	0	0	1	0	0	0
Hometown Blend Coffee Large (To Go)	20 fl oz	15	0	0	0	0	0	0	3	0	0	0
Hometown Blend Coffee Large, Decaf (To Go)	20 fl oz	15	0	0	0	0	0	0	3	0	0	0
Pepsi	10 fl oz	130	0	0	0	0	0	25	35	0	35	0
Diet Pepsi	10 fl oz	0	0	0	0	0	0	30	0	0	0	0
Mst Twst	10 fl oz	130	0	0	0	0	0	25	33	0	33	0
Tropicana Fruit Punch	10 fl oz	140	0	0	0	0	0	30	38	0	38	0
Dr. Pepper	10 fl oz	110	0	0	0	0	0	40	33	0	33	0
Mountain Dew	10 fl oz	140	0	0	0	0	0	45	36	0	36	0
Root Beer	10 fl oz	130	0	0	0	0	0	20	33	0	33	0
Unsweetened Tea	10 fl oz	0	0	0	0	0	0	0	0	0	0	0
Sweet Tea	10 fl oz	140	0	0	0	0	0	0	35	0	35	0
Hot Tea	6 fl oz	2	0	0	0	0	0	0	0	0	0	0
Peach Tea	10 fl oz	140	0	0	0	0	0	0	35	0	35	0
Strawberry Lemonade	12 fl oz	240	0	0	0	0	0	0	59	0	57	0
Lemonade	12 fl oz	150	0	0	0	0	0	0	39	0	36	0
Hot Chocolate	8 fl oz	140	45	5	5	0	0	150	20	1	11	1
Milk 2%	8 fl oz	130	45	5	3	0	20	125	13	0	12	8
Whole Milk	8 fl oz	150	70	8	5	0	35	125	12	0	12	8
Chocolate Milk	8 fl oz	170	25	2.5	1.5	0	10	220	30	1	29	8
Minute Made Orange Juice, Large	15 fl oz	210	0	0	0	0	0	0	51	0	47	4
Minute Made Orange Juice, Regular	7 fl oz	100	0	0	0	0	0	0	24	0	22	2
DESSERTS												
Turtle Sundae	1 each	690	220	24	12	0	70	280	115	2	89	5
Warm Brownie a la mode	1 each	900	400	44	21	0	115	250	121	2	89	9
Oreo Waffle Sundae	1 each	770	270	30	15	0	85	590	119	4	72	10
Turtle Waffle Sundae	1 each	900	320	36	16	0	85	590	136	4	90	10
Chocolate Covered Strawberry Waffle Sundae	1 each	680	230	26	15	0	85	460	104	3	66	9
One Scoop Sundae, Caramel	1 each	540	170	19	12	0	70	300	89	0	85	4
One Scoop Sundae, Chocolate	1 each	540	170	19	12	0	70	130	89	2	85	4
One Scoop Sundae, Strawberry	1 each	430	170	19	12	0	70	90	59	0	55	4
HAND DIPPED MILK SHAKES												
Chocolate	1 each	1110	420	47	29	0	155	290	163	3	126	11
Strawberry	1 each	900	420	47	29	0	155	230	107	0	83	11
Vanilla	1 each	820	420	47	29	0	160	240	88	0	67	11
Oreo	1 each	1030	510	57	31	0	155	470	120	1	82	13
Turtle	1 each	1260	560	62	31	0	155	420	166	3	127	13
KIDS MENU												
Two Eggs w/ Grits & White Toast	1 plate	370	210	23	5	0	430	370	28	1	2	16
Two Eggs w/ Grits & Wheat Toast	1 plate	370	210	23	5	0	430	370	28	1	1	16
Two Eggs w/ Grits & Raisin Toast	1 plate	390	210	23	5	0	430	390	32	1	6	16
Two Eggs w/Hashbrowns & White Toast	1 plate	450	220	24	7	0	430	340	44	3	2	17
Golden Waffle w/ Bacon (1)	1 plate	410	120	13	6	0	40	800	61	3	20	12
Golden Waffle w/ Sausage (1)	1 plate	470	160	18	7	0	60	930	62	3	20	16
French Toast w/ Bacon (1)	1 plate	500	150	17	6	0	375	610	64	3	27	21
French Toast w/ Sausage (1)	1 plate	560	210	23	8	0	390	750	64	3	27	24
Old Fashioned Buttermilk Panacke w/ Bacon (1)	1 plate	250	100	11	7	0	45	520	29	1	7	7
Old Fashioned Buttermilk Pancake w/Sausage (1)	1 Plate	315	145	16	9	0	50	655	29	1	7	10
Waffles & French Toast served w/: Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
Grilled Cheese	1 each	400	190	21	8	0	25	940	40	2	5	11
Cheeseburger	1 each	440	230	25	10	1	65	720	33	2	6	21
Chicken Tenders (2)	2 each	250	130	14	2.5	0	35	730	19	1	0	13
Served w/:												
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
BIG HOUSE BURGERS AND MELTS - TEST												
Double Mushroom Swiss Burger	1 each	1200	760	84	29	1	200	2260	70	6	15	41
Mega Bacon Cheeseburger	1 each	1010	610	68	29	1	205	1700	50	3	11	52
HuddleBurger	1 each	840	500	56	25	1	175	1060	45	3	8	40
HuddleBurger w/ Bacon	1 each	920	560	62	27	1	190	1270	46	3	8	46
Triple HuddleBurger	1 each	1000	610	68	30	1.5	225	1230	45	3	8	53
Black Bean Burger	1 each	600	280	31	11	0	55	1090	66	10	10	19
Classic Patty Melt	1 each	890	560	62	21	1	150	1750	45	3	8	37
Served w/ choice of;												
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
TWO-HAND SANDWICHES												
Crispy Chicken Club	1 each	980	600	67	20	0	140	1710	61	4	9	36
Grilled Chicken Club	1 each	830	490	54	17	0	150	1570	46	3	9	42
Zesty Crispy Chicken	1 each	840	450	50	15	0	120	1610	67	4	13	31
Zesty Grilled Chicken	1 each	660	320	35	12	0	120	1380	51	3	13	35
Famous Philly Cheesesteak	1 each	490	220	24	9	1	65	1220	45	3	6	22
Big House BLT	1 each	810	490	54	13	0	70	1440	51	4	2	25

Roasted Prime Rib Tip	1 each	580	220	24	8	1	45	2100	57	3	6	32
Grown Up Grilled Cheese	1 each	830	470	52	24	0	115	1920	50	2	2	35
Turkey Bacon Ranch Sourdough	1 each	770	390	43	12	0	100	2260	54	3	5	43
Served w/ choice of;												
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Fruit	1 ea	65	0	0	0	0	0	0	16	2	13	1
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
FULLY LOADED VALUE MENU												
Bacon, Egg & Cheese Melt	1 each	630	340	38	13	0	475	1210	42	2	5	28
Served w/ Homestyle Grits	1 bowl	120	50	6	1	0	0	70	14	0	0	2
Cheese, Grits, Egg & Bacon Bowl	1 bowl	580	340	38	14	0	475	890	33	1	1	25
Served w/ choice of Toast;												
White Toast w/ Butter Blend	2 slices	210	110	12	2	0	0	330	24	1	3	4
Wheat Toast w/ Butter Blend	2 slices	210	100	11	2	0	0	320	24	1	2	4
Raisin Toast w/ Butter Blend	2 slices	250	110	12	2	0	0	370	32	2	12	4
Hashbrowns ALL THE WAY w/ American Cheese & 2 Eggs	1 plate	480	250	28	11	0	460	700	36	3	2	21
Open-face Sausage w/ Sausage Gravy, Biscuit & 2 Eggs	1 each	730	470	52	19	0	485	1810	37	1	4	30
Strawberry Waffle	1 each	600	140	15	10	0	35	690	103	3	57	10
Farmhouse Burger	1 each	510	280	31	11	0.5	280	790	32	1	6	27
Cheeseburger	1 each	520	290	32	12	0.5	80	930	33	2	6	27
Loaded Baked Potato & Chili	1 each	710	270	29	11	1	90	1310	82	11	12	32
BLT	1 each	480	310	34	8	0	45	760	28	2	5	13
Chicken Tenders Toaster	1 each	670	330	37	7	0	45	1340	59	4	5	20
Sandwiches served w/; Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Served w/:												
Pepsi	10 fl oz	130	0	0	0	0	0	25	35	0	35	0
Diet Pepsi	10 fl oz	0	0	0	0	0	0	30	0	0	0	0
Mst Twst	10 fl oz	130	0	0	0	0	0	25	33	0	33	0
Tropicana Fruit Punch	10 fl oz	140	0	0	0	0	0	30	38	0	38	0
Dr. Pepper	10 fl oz	110	0	0	0	0	0	40	33	0	33	0
Mountain Dew	10 fl oz	140	0	0	0	0	0	45	36	0	36	0
Root Beer	10 fl oz	130	0	0	0	0	0	20	33	0	33	0
Unsweetened Tea	10 fl oz	0	0	0	0	0	0	0	0	0	0	0
Sweet Tea	10 fl oz	140	0	0	0	0	0	0	35	0	35	0
PRIDE OF THE SOUTH & HOUSE SPECIALS MENU												
Chicken & Dumplings	1 plate	260	45	5	1.5	0	45	1670	36	1	2	15
Pot Roast served over Mashed Potatoes	1 plate	410	170	19	5	0.5	130	910	19	1	1	43
Chicken Pot Pie w/ Biscuit	1 plate	470	220	24	12	0	55	2020	46	3	6	19
Chicken Fried Chicken w/ White Pepper Gravy	1 plate	430	200	22	4.5	0	80	1220	32	2	2	28
Breaded Pork Cutlet w/ White Pepper Gravy	1 plate	550	260	29	6	1	80	1700	40	3	2	34
Batter-dipped Cod	3 ea	340	150	17	3	0	45	820	28	4	0	19
Cod served w/; Tarter Sauce	1 PC	110	90	10	1.5	0	15	280	4	0	3	0
Served w/ Choice of;												
Texas Toast	1 each	150	50	6	1	0	0	230	19	1	2	3
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
Choice of 2 Sides;												
Mashed Potatoes	1 bowl	140	45	5	1.5	0	5	630	21	1	1	2
Baked Potato	1 each	360	100	11	4.5	0	15	110	61	6	4	8
Breaded Okra	3.5 oz	250	140	16	2.5	0	0	490	23	4	2	3
Macaroni & Cheese	1 bowl	300	140	16	5	0	25	840	28	2	3	11
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Green Beans	4 oz	25	0	0	0	0	0	570	4	3	0	1
Sliced Tomatoes	3 ea	15	0	0	0	0	0	5	3	1	2	1
Vegetable of the Day - Corn	4 oz	80	10	1	0	0	0	125	16	2	4	3
Vegetable of the Day - Lima Beans	4 oz	100	0	0	0	0	0	125	18	4	1	5
Vegetable of the Day - Blackeye Peas	4 oz	80	0	0	0	0	0	125	15	4	0	5
Vegetable of the Day - Turnip Greens	4 oz	35	0	0	0	0	0	380	5	2	2	2
Pinto Beans w/ Garlic	4 oz	120	0	0	0	0	0	310	23	7	0	8
BIG RIG MENU												
Big Pancake Breakfast												
3 Buttermilk Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1020	530	59	19	0	805	2200	77	4	22	46
3 Buttermilk Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1200	670	74	24	0	850	2530	79	4	23	55
3 Buttermilk Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1020	500	55	16	0	850	2080	76	3	22	52
3 Blueberry Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1050	530	59	19	0	805	2200	85	5	28	46
3 Blueberry Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1230	670	74	24	0	850	2530	87	6	29	56
3 Blueberry Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1050	500	55	16	0	850	2080	84	5	28	52
3 Strawberry Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1200	600	67	26	0	805	2210	103	4	45	46
3 Strawberry Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1380	740	82	31	0	850	2530	105	4	46	56
3 Strawberry Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1200	570	63	23	0	850	2090	102	3	45	52
3 Pecan Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1380	860	95	22	0	805	2200	84	7	24	51
3 Pecan Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1560	990	110	27	0	850	2530	86	7	25	61
3 Pecan Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1380	820	91	20	0	850	2080	83	7	23	57
3 Chocolate Chips Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1440	740	82	33	0	810	2210	135	9	68	50
3 Chocolate Chips Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1620	870	97	38	0	860	2530	137	10	68	59
3 Chocolate Chips Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1440	700	78	30	0	855	2080	133	9	67	55
3 Caramel Apple Cobbler Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1240	520	58	23	0	805	2400	134	5	58	48
3 Caramel Apple Cobbler Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1410	660	73	28	0	850	2730	136	5	59	57
3 Caramel Apple Cobbler Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1240	490	54	21	0	845	2280	133	4	58	54
3 Butter Pecan Praline Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1450	860	95	22	0	805	2280	102	7	38	51
3 Butter Pecan Praline Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1630	990	110	27	0	850	2600	104	7	39	61
3 Butter Pecan Praline Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1450	820	91	20	0	850	2160	101	7	38	57
3 Oreo Cookie Crunch Pancakes, 3 Eggs & 6 Smokehouse Bacon	1 plate	1480	670	74	30	0	805	2490	160	7	75	50
3 Oreo Cookie Crunch Pancakes, 3 Eggs & 4 Country Sausage	1 plate	1660	800	89	35	0	850	2820	162	7	75	60
3 Oreo Cookie Crunch Pancakes, 3 Eggs & 4 Turkey Sausage	1 plate	1490	630	70	27	0	845	2370	159	7	74	56
Pancakes served w/: Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
Waffle Breakfast Stack												
2 Golden Waffles, 3 Eggs & 6 Smokehouse Bacon	1 plate	1300	590	66	23	0	765	2360	126	6	40	52

2 Golden Waffles, 3 Eggs & 4 Country Sausage	1 plate	1480	730	81	28	0	810	2690	128	7	40	62
2 Golden Waffles, 3 Eggs & 4 Turkey Sausage	1 plate	1300	560	62	20	0	805	2240	125	6	39	58
Waffles served w/: Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0
Turnpike Breakfast Burger w/ American Cheese	1 ea	920	530	59	24	1	370	1050	48	3	11	51
Turnpike Breakfast Burger w/ Swiss Cheese	1 ea	920	530	59	24	1	370	1050	48	3	11	51
Turnpike Breakfast Burger w/ Cheddar Cheese	1 ea	940	540	60	25	1	375	960	47	3	11	53
Served w/ choice of;												
Lightly Seasoned French Fries (Double Order)	12 oz	980	400	44	8	0	5	590	135	11	1	11
Tater Tots (Double Order)	12oz	1090	640	71	14	0	5	1530	107	10	1	7
3 Biscuit Sliders; Smokehouse Bacon, Eggs & American Cheese	3 ea	1280	760	84	42	0	735	3390	79	3	7	52
3 Biscuit Sliders; Smokehouse Bacon, Eggs & Swiss Cheese	3 ea	1280	750	83	42	0	730	3390	79	3	7	51
3 Biscuit Sliders; Smokehouse Bacon, Eggs & Cheddar Cheese	3 ea	1330	800	89	45	0	750	3120	76	3	6	57
3 Biscuit Sliders; Country Sausage, Eggs & American Cheese	3 ea	1360	810	90	44	0	755	3470	80	3	8	55
3 Biscuit Sliders; Country Sausage, Eggs & Swiss Cheese	3 ea	1350	810	90	44	0	755	3470	80	3	8	55
3 Biscuit Sliders; Country Sausage, Eggs & Cheddar Cheese	3 ea	1410	860	95	46	0	770	3210	77	3	6	60
3 Biscuit Sliders; Hamburger, Eggs & American Cheese	3 ea	1530	920	102	52	1	835	3270	78	3	7	73
3 Biscuit Sliders; Hamburger, Eggs & Swiss Cheese	3 ea	1530	920	102	51	1	835	3270	78	3	7	73
3 Biscuit Sliders; Hamburger, Eggs & Cheddar Cheese	3 ea	1580	960	107	54	1	850	3000	75	3	6	79
Served w/ choice of; Tater Tots (Double Order)	10 oz	910	530	59	12	0	5	1350	89	8	1	6
ADD ONS												
Biscuits (2) w/ Sausage Gravy	2 each	750	450	50	20	0	15	2390	66	2	7	11
Grilled Diced Onions	1/4 cup	15	0	0	0	0	0	0	3	1	1	0
Grilled Mushrooms	1/4 cup	5	0	0	0	0	0	100	1	0	0	0
American Cheese	1 slice	60	35	4.5	3	0	15	200	1	0	0	2
Swiss Cheese	1 slice	50	35	4	2.5	0	15	200	1	0	0	2
Cheddar Cheese Slice	1 slice	70	50	6	3.5	0	20	115	0	0	0	4
Pot Roast with Mashed Potatoes <i>(see 1 side & Texas Toast below)</i>	1 plate	790	320	36	9	0.5	195	1720	53	4	4	65
Chicken & Dumplings <i>(see 2 sides & Biscuit below)</i>	1 plate	260	45	5	1.5	0	45	1670	36	1	2	15
Chicken Pot Pie with Biscuit <i>(see 2 sides below)</i>	1 plate	720	330	37	16	0	110	3390	69	6	9	34
Double Chopped Steak Platter <i>(see 2 sides & 2 Texas Toast below)</i>	1 plate	910	590	66	30	2	250	1780	14	5	2	63
Double Stack Crispy Chicken Sandwich w/ American Cheese	1 ea	960	440	49	16	0	140	2310	77	5	12	50
Double Stack Crispy Chicken Sandwich w/ Swiss Cheese	1 ea	960	440	49	15	0	135	2310	78	5	12	50
Double Stack Crispy Chicken Sandwich w/ Cheddar Cheese	1 ea	1010	490	54	18	0	155	2040	75	5	10	56
Double Stack Grilled Sandwich w/ American Cheese	1 ea	660	220	24	10	0	155	2010	48	2	11	63
Double Stack Grilled Sandwich w/ Swiss Cheese	1 ea	650	210	23	10	0	170	2010	48	2	12	62
Double Stack Grilled Sandwich w/ Cheddar Cheese	1 ea	710	250	28	13	0	170	1750	45	2	10	68
Served w/ choice of;												
Lightly Seasoned French Fries (Double Order)	12 oz	980	400	44	8	0	5	590	135	11	1	11
Tater Tots (Double Order)	12oz	1090	640	71	14	0	5	1530	107	10	1	7
Mega Country Fried Steak Platter <i>(see 2 sides & 2 Texas Toast below)</i>	1 plate	1240	780	87	24	2	130	2870	72	5	4	44
Served w/;												
Texas Toast	1 each	150	50	6	1	0	0	230	19	1	2	3
Biscuit	1 each	270	150	17	8	0	0	700	24	1	2	4
Choice of 2 Sides;												
Baked Potato	1 each	360	100	11	4.5	0	15	110	61	6	4	8
Mashed Potatoes	1 bowl	140	45	5	1.5	0	5	630	21	1	1	2
Onion Rings	6 oz	660	360	40	7	0	0	1400	66	4	13	7
Loaded Baked Potato	1 each	420	140	15	6	0	30	270	61	6	5	11
Green Beans	4 oz	25	0	0	0	0	0	570	4	3	0	1
Vegetable of the Day - Corn	4 oz	80	10	1	0	0	0	125	16	2	4	3
Vegetable of the Day - Lima Beans	4 oz	100	0	0	0	0	0	125	18	4	1	5
Vegetable of the Day - Blackeye Peas	4 oz	80	0	0	0	0	0	125	15	4	0	5
Vegetable of the Day - Turnip Greens	4 oz	35	0	0	0	0	0	380	5	2	2	2
Pinto Beans w/ Garlic	4 oz	120	0	0	0	0	0	310	23	7	0	8
Lightly Seasoned French Fries	6 oz	490	200	22	4	0	0	300	68	5	0	6
Sweet Potato Fries	6oz	505	270	30	5	0	0	360	53	6	20	4
Tater Tots	6oz	540	320	35	7	0	0	760	53	4	0	4
Sweet Cakes												
Old Fashioned Buttermilk w/ Butter Blend	2 ea	410	180	20	6	0	75	950	49	2	14	8
Chocolate Chip Fix w/ Butter Blend	2 ea	690	320	36	15	0	80	950	87	6	45	11
Wild Blueberry w/ Butter Blend	2 ea	430	180	20	6	0	75	950	54	3	18	9
Strawberries and Cream	2 ea	470	140	15	10	0	75	820	74	2	37	9
Oreo Cookie Crunch	2 ea	760	260	29	16	0	75	1110	114	5	58	11
Southern Pecan w/ Butter Blend	2 ea	650	400	44	8	0	75	950	53	5	16	12
Butter Pecan Praline	2 ea	720	400	44	8	0	75	1020	71	5	30	12
Platters Served w/;												
2 Eggs AND	2 eggs	150	100	11	3	0	430	140	2	0	0	12
choice of;												
Smokehouse Bacon (3)	3 strips	120	90	10	3.5	0	25	320	1	0	0	8
Country Sausage (2)	2 each	210	150	17	6	0	50	480	2	0	1	12
Turkey Sausage (2)	2 each	120	70	8	2.5	0	45	260	0	0	0	11
Slow Cured Country Ham	1 each	560	430	48	18	0	120	2380	0	0	0	28
Sugar Cured Ham	1 each	120	45	4.5	1.5	0	55	1230	3	0	3	16
Country Fried Steak w/ White Pepper Country Gravy	1 each	610	390	43	12	1	65	1350	34	2	2	22
Pancakes served w/:												
Syrup	2 fl oz	220	0	0	0	0	0	23	55	0	53	0